

Directions for use:

To successfully apply your traditional castor oil pack you will need to source our packing fabric – product code CH016

Unwrap the unbleached 100% cotton fabric and place in an easy to clean container then thoroughly soak with castor oil. Apply the soaked fabric onto the appropriate area, securing with a cling film wrap to save staining, for the recommended time, often 30 mins to 24 hours. If you are applying heat to the pack, by applying a hot water bottle, to avoid scolding carefully wrap the water bottle in a towel before applying.

Once completed you can place the wrap back in the pouch and store in a fridge. You can reuse this wrap as many times as needed, although we do not recommend using beyond thirty days from the first application.

Allergen information:
Allergen free.

Castor Oil is a Vegan Society Registered product.

PRODUCT CODE: CH015

conella

PREMIUM GRADE

Castor
Oil

500ml



This premium BP grade, cold extracted castor oil, is recommended for external use only, as part of a traditional castor oil pack, as advised by your recommending practitioner.

Fitted with a child resistant lid (CRC) to preserve the quality of the oil

Keep out of the reach of children.

Best before and batch no:
See base for full details.

Store out of direct sunlight in a cool dry place. Once opened please store in a fridge and use within twelve weeks.



TO PLACE AN ORDER:
www.conellaholdings.com or call toll free on 0800-326-5575. After Sales Support info@conellaholdings.com or call 03333703256. Conella Holdings Ltd, PO Box 247, Exmouth, EX8 9DL.

For external use only