

# Maxi-Selenium

L-selenomethionine) + 100µg plus +  
Biotin to increase absorption 500µg.

Made from only the finest quality  
vegan and allergen-free ingredients.  
Selenium protects our cells from oxidative  
stress, and supports both immune and  
thyroid function, this nutrient also plays a  
role in supporting healthy hair and nails.



Actual capsule size:



**Quantity: 60**  
(60 days' supply)

**Type:**  
Capsule

**Code:**  
CH031

**SUITABLE FOR: VEGANS** ✓ A Vegan Society Registered product

## Ingredients per capsule: % NRV

Brown rice flour	-
Hydroxypropylmethyl cellulose (capsule shell)	-
<b>L-Selenomethionine</b>	<b>182%</b>
Providing selenium	100µg
Powdered rice hulls (Nu-Flow®)	-
Black Pepper extract (BioPerine™)	500µg

% NRV = Nutrient Reference Value

**Allergen information:**  
Free from allergens

Suitable for vegans and many of  
those on a restricted diet.



## Directions for use:

Take 1 capsule daily or as directed by your  
chosen advisor.

**Store in a cool, dry environment and  
out of direct sunlight.**

**A food supplement:**  
60 capsules – 60 day's supply.

### Cautions:

Do not exceed the stated recommended daily  
intake. Food supplements should not be  
used as a substitute for a varied and balanced  
diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST  
IN ANIMAL TRIALS**



**UK LABEL COMPLIANCE  
REVIEWED**



**REGISTERED BY  
THE VEGAN SOCIETY**



**100%  
GMO FREE**