

# Maxi-Mag +

The foundation of a comprehensive nutritional regime

Delivering an advantageous form of magnesium, combined with vitamin C, zinc, manganese and selenium, that help protect cells from oxidative stress, complexed in a proprietary blend of B vitamins and other synergistic ingredients including biopeperin, an ingredient extracted from black pepper that aids the utilisation of selective nutrients. Made from only the finest raw materials, this formula is suitable for consumption by vegans.



**Quantity:** 120  
(40-120 days' supply)

**Type:**  
Capsules

**Code:**  
CH008

Actual capsule size:



**SUITABLE FOR:** VEGANS ✓ A Vegan Society Registered product

## Ingredients per capsule:

		% NRV
<b>Magnesium (as citrate)</b>	60mg	16%
Hydroxypropyl methyl cellulose (capsule shell)	-	-
Choline (as bitartrate)	30mg	-
Pantothenic acid (as calcium pantothenate)	30mg	500%
Vitamin C (as Ascorbyl Palmitate)	12mg	15%
Inositol	30mg	-
Brown rice flour	-	-
Vitamin B6 (as Pyridoxal-5-Phosphate)	10mg	714%
Vitamin B1 (as Thiamine Hydrochloride)	10mg	909%
Vitamin B2 (as Riboflavin)	10mg	714%
Niacin (Vitamin B3 as Nicotinamide)	10mg NE	62%
Para Amino Benzoic Acid	10mg	-
Citrus Bioflavonoids (Citrus sinensis peel) (Min 35% Hesperidin)	10mg	-
Zinc (as Citrate)	3mg	30%
Manganese (as Citrate)	1mg	50%
Vitamin D (as Cholecalciferol)	5µg	100%
Beta Carotene (with soy protein)	1.5mg	-
Equivalent to Vitamin A	250µg RE	31%
Black Pepper extract (min 95% piperine) (Bioperine™)	600µg	-
Chromium (as Picolinate)	25µg	62%
Selenium (as L-Selenomethionine)	50µg	91%
Molybdenum (as Ammonium Molybdate)	33µg	66%
Iodine (as Potassium Iodide)	25µg	17%
Biotin	30µg	60%
Folic acid	25µg	12%
Vitamin B12 (as Cyanocobalamin)	5µg	200%

% NRV = Nutrient Reference Value

## Directions for use:

Take 1-3 capsules daily or as directed by your chosen adviser.

**Store in a cool, dry environment and out of direct sunlight.**

**A food supplement:**  
120 capsules – 40-120 day's supply.

**Cautions:**  
Long term intakes of more than 10mg vitamin B6 may lead to mild tingling and numbness. Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**Keep out of the reach of children.**

**Suitable for vegans and many of those on a restricted diet.**

**Allergen information:** See ingredients listed in **bold**.



**WE DO NOT INVEST IN ANIMAL TRIALS**



**UK LABEL COMPLIANCE REVIEWED**



**REGISTERED BY THE VEGAN SOCIETY**



**100% GMO FREE**