

# Maxi-Colon

An innovative formula providing calcium to support digestion and a blend of fibrous plant extracts and bacterial cultures.

These carefully selected plant extracts include psyllium husks, Chicory root, acacia gum, guar gum, elderberry extract, with a good source of calcium and appropriate bacterial cultures.

**Quantity:**

150g

**Type:**

Powder

**Code:**

CH034



A Food Supplement

**SUITABLE FOR:** VEGANS ✓ A Vegan Society Registered product

## Ingredients per capsule:

% NRV

Psyllium (Plantago ovata) husk powder		
Providing psyllium husks	2000 mg	
Acacia (Acacia sp) gum		
Providing fibre	842 mg	
Chicory (Cichorium intybus) root extract		
Providing inulin	947 mg	
Calcium (as citrate)	126 mg	16
Partially hydrolysed guar gum		
Providing fibre	398 mg	
Elderberry 7:1 extract	526 mg	
Equivalent to fresh elderberries	3682 mg	
Live culture	4 mg	
Providing 1 billion (1 x 10 <sup>9</sup> ) CFU		
Bifidobacterium animalis subsp.lactis		

% NRV = Nutrient Reference Value

**Allergen information:** Free from allergens.



## Directions for use:

Take 6g (approx 1 teaspoon) and mix in a large glass of water. Stir rigorously and consume immediately to avoid coagulation, or as directed by your practitioner.

**Store in a cool, dry environment and out of direct sunlight.**

### A food supplement:

150g – 25 day's supply.

### Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**Keep out of the reach of children.**