Maxi-Bone Health Delivering a range of nutrients to REA support optimum bone health* cOnella Maxi-Vitamins and minerals with black GENS **Bone Health** pepper extract. *Provides vitamin D, vitamin K, magnesium and zinc which contribute to the 60 capsules JUST maintenance of normal bones. ดก Quantity: 60 Type: Code: Actual capsule size: (20-60 days' supply) Capsule CH033

% NRV

SUITABLE FOR: VEGANS 🛩 A Vegan Society Registered product

Ingredients per 2 capsules:

Magnesium (as citrate)	100 mg	27
Calcium (as citrate)	50 mg	6
Hydroxypropylmethyl cellulose (capsule shell)		-
Powdered rice hulls (Nu-Flow®)		-
Zinc (as citrate)	5 mg	50
Vitamin B6 (as pyridoxal -5-phosphate)	8 mg	571
Vitamin D (as cholecalciferol) 31.25 µg (1250 iu)		625
Vitamin K2 (as menaquinone-7)	25 µg	33
Brown rice flour		-
Boron (as sodium borate)	1mg	-
Vitamin B12 (as cyanocobalamin)	5μg	200
Black pepper extract (Piper nigrum berry)	500 µg	-
Folic acid	25 µg	12.5

Directions for use:

Take 1-3 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.

Allergen information: Allergen free.

Suitable for vegans and many of those on a restricted diet.



% NRV = Nutrient Reference Value







