



Addressing both our biochemical and Electromagnetic®
conductivity nutritional needs.

Product & Pricelist
Handbook & Pricelist
ISSUE 4

Delivering premium quality raw materials *in a cost-effective manner*

Our
ingredients
are carefully
selected for
**optimum
efficacy**



Featuring 14 New Products!



Many of our products are now registered with The Vegan Society



Our ethos

At Conella, we are incredibly proud of and committed to our brand ethos; primarily, to help all those who wish to invest in their long-term health as completely and comprehensively as we can.

Dedicated to diligently researching every one of our raw materials, we prize quality and purity above all and make certain that we use only the finest non-GMO ingredients, which have been carefully handpicked to ensure that they're readily utilisable and suitable for inclusion in our collection.

It's our intention to assist as many individuals as we can with their health journey, employing nutritional formulae that are Vegan Society Registered, comply with our Justfil commitment wherever possible, and are suitable for many of those on a restricted diet.

We remain ready to support you as you embark on your journey to self-empowerment.

Andrew Wren
Founder



We are so confident of our product pricing that we are prepared to promise to match any genuine like for like product offering, or if purchased within the same week, we will refund any saving an alternative purchase would deliver.

Valid for any genuine like for like product on offer at the same time as our product offering.

Index

	What's New at Conella?	2	NEW	Maxi-Selenium	28
NEW	Wayback Water	4		Maxi-Mag	29
NEW	L-Arginine	5		Maxi-Mag +	30
	Cultri-Max	6		Maxi-Mag Powder	31
NEW	Mega Cultri-Max	7		Potassium Citrate Salts	32
NEW	Maxi-Bone Health	8		Maxi-Potassium	33
NEW	Maxi-Flex	9		Maxi-Zinc	34
NEW	Maxi-Glucosamine	10		Sunflower Lecithin & Plant Sterols	35
	Canoblex	11		Maxi-Colon	36
NEW	Maxi-Alfalfa	12	NEW	Skin Brush	37
	Maxi-Greens	13	NEW	Home Irrigator Kit	38
	Maxi-Marine	14		Clysmatic Kit	39
	Maxi-Krill	15		Castor Oil	40
	Algae-Marine	16		Castor Oil Packing Fabric	41
	Borage Seed Oil	17	NEW	Epsom Bath Salts	42
	Maxi-Flax	18		Electromagnetic Field Protection	43
NEW	Maxi-Vit E	19		Aminolase®	46
NEW	Maxi-Immune	20		Devigest ADS®	47
	Maxi-Immune + (formally Maxi-Oxi)	21		Floraphage®	48
	Maxi D+K	22		Nattovénna®	49
	Maxi-Vit C	23		Neprinol AFD®	50
NEW	Maxi-Vitamin B12	24		Serrétia®	51
	Choline Bitartrate Powder	25		Syntol AMD®	52
	Maxi-P-5-P	26		Reward points	54
	Maxi-B Complex	27		Pricelist	55
				Benefits of Purchasing Online	62
				Refund / Delivery	63

Reasons to consider Conella as *your natural choice*

Many of our products are now Registered with the Vegan Society!
Indicated by the presence of the coveted Vegan Society logo.



As you are no doubt aware, Conella has always advised caution when using the term “Vegan” to describe a product.

It may come as a bit of a surprise to learn that unlike the term “Organic”, as we compile this product hand book, there is currently no legal definition of the term “Vegan”.

As the definition of vegan can vary from region to region, many manufacturers of raw materials simply suggest that brands check the status of their finished products with their local regulators.

Look for these on the product pages:



So we thought who better than the renowned Vegan Society.

Having successfully submitted many of our products for in-depth scrutiny by the Vegan Society, we are honoured to announce that many of our products will now start carrying the coveted Vegan Society logo.

We believe this offers consumers the comfort of knowing that every product carrying this logo has been closely evaluated to make sure it has a genuine Vegan pedigree, that fits comfortably within The Vegan Society's ethos. Whilst also assuring the consumer that our products have not been tested on animals and are therefore totally cruelty-free.



We will always strive to deliver optimum efficacy of a product, in the purest form available to us.

The **Justfil** logo indicates that the product has not had any artificial colours or additives added to them in the encapsulation process. However, on rare occasions there might be some compound additive ingredients within the production of the original raw material, these are normally indicated on the product label. **Contact us for more information.**

First class or 24 hour-Free Shipping for Conella Branded products within the UK.

In, this ever-evolving, competitive world we are acutely aware of the need to offer our clients a fast, efficient, hassle-free delivery service, underpinned by an easy to do business with ethos that is evident from the moment you first make contact, followed through to the product offering and after care support.

Therefore, to facilitate these exacting needs, we utilise a state-of-the-art fulfillment service that has vast experience in delivering the wide range of flexible services expected by both modern-day naturopaths and their clients.

This in turn enables us to offer our clients free delivery on any Conella branded product dispatched within the UK mainland, and for many of the other accessory product lines unless clearly stated.

We aim to ship all orders received before 1pm the same day, subject to stock availability. However, often we ship orders received later in the day, the same day too.

These orders will be sent via First-Class post or 24-hour carrier dependent on size, weight, and value.

For overseas orders carriage will be charged at cost, and this service is available unless there are any known product export compliance issues.

For European orders please visit www.conella.ie

The final efficacy of any nutritional formula will always be determined by the quality and biological activity of the ingredients that are selected within the formulation.

For this reason, the Conella product development team go to great lengths to only select the very finest raw materials that where possible are available in their purest, biologically active form. However, we will always prioritise biological function and efficacy over appealing label claims. So, for example the only truly natural form of beta carotene we know of, contains soya, and in this example, we will still use it rather than a soya free less well utilised form.

That said once the most appropriate biologically active form has been selected, we will always try and obtain ingredients that are ideally both additive and allergen free, but this is a secondary requirement to the need of optimum efficacy.

When the products are encapsulated, we avoid unnecessary additives, for example flow agents, that are designed to speed up production, preferring to run these slower in a **Justfil** additive free form.

The other area to be aware of is the need to produce products that carry labels that have been subject to a UK compliance review. This makes sure that the product ingredients are presented correctly and in accordance with the UK food supplement regulations.



Purified High-Spin Water

Water is known to contribute to normal physical and cognitive functions and the normal regulation of the body's temperature*. WayBack water is simply pure, clean, and refreshing, without any calories, additives, or after taste. It is perfect for low sodium diets or any other distilled water uses.



Quantity:
250ml

Type:
Water

Code:
CH042

NORMAL RRP:
£17.95

Ingredients

Contains 250ml of high-spin WayBack water, delivering negligible amounts of energy, fat, saturates, carbohydrate, sugars, protein and salt when diluted as directed.

Cautions:

Keep out of the reach of children and strictly follow the guidance on daily intake, unless otherwise advised by a qualified practitioner.

Allergen information: Free from allergens.

*Benefits obtained from consuming at least 2L water per day from all sources.

Directions for use:

Introductory intakes: Pour 5 ml (approximately one teaspoon) of the WayBack high-spin water into approximately 1 litre of ideally filtered water. In week 1 & 2 we recommend you consume 60ml of the blend twice daily, in weeks 3 & 4 - 120ml twice daily, weeks 5 & 6 - 180ml twice daily, weeks 7 & 8 - 240ml twice daily, weeks 8 to 12 - 360ml twice daily.

We do not suggest you exceed these recommendations unless otherwise directed by a practitioner. Once the introduction is complete, we recommend for daily maintenance a consumption of 360ml to 480ml daily. At maintenance intake levels approximately 140 to 186 days' supply.

These intakes should be consumed at normal room temperature. We suggest you consume the mixture first thing in the morning, on an empty stomach.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



NEW

L-Arginine

Delivering a readily assimilated form of L-Arginine

Made from only the finest raw materials delivering a form of L-Arginine that the body can readily process, thus ensuring efficient uptake of this important nutrient. This additive and allergen-free formula is suitable for consumption by vegans.



Quantity: 300g
(300-100 day's supply)

Type:
Powder

Code:
CH028

NORMAL RRP:
£19.95

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per 1g:

% NRV

L-Arginine Hydrochloride 1g -

% NRV = Nutrient Reference Value

Allergen information:

Free from allergens and additives.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1g – 3g (a level scoop is approximately 3g) daily in water or as directed by your practitioner.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:

Quantity 300g (300-100 day's supply).

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Many products available with **FREE UK shipping**

Cultri-Max

Proven potency blend
of bacterial culture

Sourced from only the finest grade culture ingredients, these capsules deliver a stable blend of six carefully selected bacterial cultures that have a demonstrated proven potency without the need for inconvenient refrigeration. This progressive formula is suitable for consumption by vegans and presented in an easy to swallow form.



Quantity: 60
(30-60 days' supply)

Type:
Capsules

Code:
CH003

NORMAL RRP:
£20.95

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Fructo-Oligosaccharides (FOS)	210mg	-
Hydroxypropyl methyl cellulose (capsule shell)		-

Live cultures 38mg

Providing in combination 3.6 billion (3.6 x 10 ⁹) CFU	-
Bifidobacterium animalis subsp. Lactis	-
Bifidobacterium bifidum	-
Lactobacillus acidophilus	-
Bifidobacterium breve	-
Lactobacillus rhamnosus	-
Lactococcus lactis	-
Rice Fibre Nu-Flow®	-
Antioxidant: Ascorbic acid	-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

This product does not need refrigeration at normal room temperature up to approximately 20°C (68°F, at temperatures about this temperature we advise refrigeration).

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



WE DO NOT INVEST
IN ANIMAL TRIALS



100%
GMO FREE



REGISTERED BY
THE VEGAN SOCIETY



FREE SHIPPING
WITHIN THE UK



Many of our products are now registered with The Vegan Society

NEW

Mega Cultri-Max

Proven potency blend
of bacterial culture

Sourced from only the finest grade culture ingredients, these capsules deliver a stable blend of eleven carefully selected bacterial cultures that have a demonstrated proven potency without the need for inconvenient refrigeration. This progressive formula is suitable for consumption by vegetarians.



Quantity: 30
(30 days' supply)

Type:
Capsules

Code:
CH037

NORMAL RRP:
£49.95

Actual capsule size:



FREE FROM ALLERGENS ✓

Ingredients per capsule:

% NRV

Live cultures 515mg

Providing in combination 50 billion
(50×10^9) CFU

Lactobacillus acidophilus	10 billion	-
Lactobacillus bulgaricus	2 billion	-
Lactobacillus paracasei	10 billion	-
Lactobacillus rhamnosus	10 billion	-
Lactobacillus brevis	5 billion	-
Saccharomyces boulardii	0.5 billion	-
Bifidobacterium infantis	1 billion	-
Bifidobacterium bifidum	1.5 billion	-
Bifidobacterium animalis var lactis	5 billion	-
Bifidobacterium breve	3 billion	-
Lactococcus lactis	2 billion	-
Hydroxypropyl methyl cellulose (capsule shell)		-
Microcrystalline Cellulose – Bulking agent		-
Sunflower Lecithin – Emulsifier		-
Powdered rice hulls (Nu-Flow®)		-

% NRV = Nutrient Reference Value

Directions for use:

Take 1 capsule daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Store in a cool, dry environment and out of direct sunlight. This product does not need refrigeration at normal room temperature up to approximately 20°C (68°F, at temperatures about this temperature we advise refrigeration).

Keep out of the reach of children.

Allergen information: Free from allergens.

Suitable for vegetarians.



WE DO NOT INVEST
IN ANIMAL TRIALS



100%
GMO FREE



FREE SHIPPING
WITHIN THE UK



Discover more amazing products online today: www.conellaholdings.com

Maxi-Bone Health

Delivering a range of nutrients to support optimum bone health*

Vitamins and minerals with black pepper extract. *Provides vitamin D, vitamin K, magnesium and zinc which contribute to the maintenance of normal bone health.



Quantity: 60
(20-60 days' supply)

Type:
Capsule

Code:
CH033

NORMAL RRP:
£17.75

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per 2 capsules: % NRV

Magnesium (as citrate)	100 mg	27
Calcium (as citrate)	50 mg	6
Hydroxypropylmethyl cellulose (capsule shell)	-	-
Powdered rice hulls (Nu-Flow®)	-	-
Zinc (as citrate)	5 mg	50
Vitamin B6 (as pyridoxal -5-phosphate)	8 mg	571
Vitamin D (as cholecalciferol)	31.25 µg (1250 iu)	625
Vitamin K2 (as menaquinone-7)	25 µg	33
Brown rice flour	-	-
Boron (as sodium borate)	1mg	-
Vitamin B12 (as cyanocobalamin)	5 µg	200
Black pepper extract (Piper nigrum berry)	500 µg	-
Folic acid	25 µg	12.5

% NRV = Nutrient Reference Value

Directions for use:

Take 1-3 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.



Many products available with FREE UK shipping

NEW

Maxi-Flex

Delivering botanicals to help support joint health*

Botanicals with glucosamine and sodium hyaluronate. *Provides ginger to help maintain the mobility of the joints plus curcumin and boswellia to help support joint flexibility.



Quantity: 60
(30 days' supply)

Type:
Capsule

Code:
CH030

NORMAL RRP:
£29.95

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per 2 capsules:

% NRV

Glucosamine hydrochloride (stabiliser: polyvinylpyrrolidone 5% providing Glucosamine)	330 mg	-
Sodium Hyaluronate (Phytodroitin™)	274 mg	-
Curcumin powder (Curcuma longa root)	10mg	-
Ginger powder (Zingiber officinale rhizome/root)	150 mg	-
Brown rice flour	136.9 mg	-
Hydroxypropyl methyl cellulose (capsule shell)	-	-
Boswellia extract (Boswellia serrata gum)	100 mg	-
Powdered rice hulls (Nu-Flow®)	-	-
Black pepper extract (Bioperine™)	1 mg	-

% NRV = Nutrient Reference Value

Directions for use:

Take 2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.



Many of our products are now registered with The Vegan Society

Maxi-Glucosamine

Delivering a vegan source of
Glucosamine Hydrochloride

Sourced from only the finest
grade Vegan Glucosamine
Hydrochloride. This Vegan Society
registered food supplement is
offered in an allergen free form.



Quantity: 60
(15 days' supply)

Type:
Capsules

Code:
CH036

NORMAL RRP:
£14.95

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per 2 capsules: % NRV

Glucosamine hydrochloride	1203 mg	-
(stabiliser: polyvinylpyrrolidone 5% providing Glucosamine	1000 mg	
Hydroxypropyl methyl cellulose (capsuleshell)		-
Brown rice flour		-
Powdered rice hulls (Nu-Flow®)		-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of
those on a restricted diet.

Directions for use:

Take 2 capsules daily or as directed by
your chosen adviser.

**Store in a cool, dry environment and
out of direct sunlight.**

Cautions:

Do not exceed the stated recommended daily
intake. Food supplements should not be
used as a substitute for a varied and balanced
diet and healthy lifestyle.

Keep out of the reach of children.



Discover more amazing products online today: www.conellaholdings.com

Canoblex™

A prudent alternative to
Cannabidiol CBD Supplements

Canoblex™ is a Vegan Society Registered product delivering palmitic acid monoethanolamide (PEA) which we believe makes this supplement a useful alternative to cannabis derived CBD products, without the concerns of THC levels.



Quantity: 30
(15-30 days' supply)

Type:
Capsules

Code:
CH026

NORMAL RRP:
£25.95

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Palmitic acid monoethanolamide 300mg	-
(with anti-caking agent: silicon dioxide,	-
fractionated coconut oil, citrus oil, olive oil,	
mono & diglycerides of fatty acids, polyglycerol	
esters of fatty acids, emulsifier: lecithin,	
antioxidant: alpha-tocopherol, oat oil).	
Capsule shell (Hydroxypropylmethylcellulose)	-

% NRV = Nutrient Reference Value

Allergen information:

See ingredients listed in **bold**.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



Many products available with **FREE UK shipping**

Maxi-Alfalpa

Delivering 500mg of Alfalfa powder per capsule

Sourced from only the finest grade Alfalfa powder (Medicago sativa herbs/aerial parts). This Vegan Society registered food supplement is offered in an allergen and additive free form.



NEW

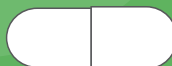
Quantity: 120
60-120 day's supply

Type:
Capsule

Code:
CH041

NORMAL RRP:
£19.95

Actual capsule size:



SUITABLE FOR: **VEGANS** ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Alfalfa powder 500mg

(Medicago sativa herbs/aerial parts)

Hydroxypropyl methyl cellulose (capsule shell)

Brown rice flour

Powdered rice hulls (Nu-Flow®)

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



WE DO NOT INVEST
IN ANIMAL TRIALS



100%
GMO FREE



REGISTERED BY
THE VEGAN SOCIETY



FREE SHIPPING
WITHIN THE UK



Many of our products are now registered with The Vegan Society

Maxi-Greens

A food supplement, delivering 220g of Maxi-Green powder® (plant concentrates)

This formula makes the perfect start to your day, a great addition to your daily smoothie or juice. Delivers an innovative source of allergen free "plant concentrates", sourced from only the finest raw materials that are suitable for consumption by vegans and allergy sensitive individuals.



Quantity: 220g
22-44 day's supply

Type:
Powder

Code:
CH014

NORMAL RRP:
£36.70

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per teaspoon:

% NRV

Each Teaspoon (approximately 5g) of Maxi-Greens powder typically provides:

Artichoke powder	1317mg	-
Spirulina powder	225mg	-
Chlorella (broken cell wall)	856mg	-
Apple Juice powder	360mg	-
Alfalfa powder	428mg	-
Rice Bran Flour (Gluten free)	162mg	-
Maltodextrin	-	-
Broccoli powder	132mg	-
Concentrated beetroot juice powder	55mg	-
Pomegranate powder	53mg	-
Siberian Ginseng powder	33mg	-
Carrot powder	26mg	-
Astragalus root powder	26mg	-
Spinach powder	26mg	-
Bamboo extract	25mg	-
Ginkgo Biloba extract	20mg	-
Green tea extract (95% polyphenols)	20mg	-
Grape seed extract (95% proanthocyanidins)	13mg	-
Elderberry fruit powder	6mg	-
Bilberry powder	6mg	-
UV-treated mushroom powder (Agaricus bisporus)	4mg	-
Providing Vitamin D (30iu)	0.75µg	15%

% NRV = Nutrient Reference Value

Directions for use:

1-2 tsp (approximately 5-10g) of Maxi-Greens powder daily. For best results, take mixed with food ideally being blended into a smoothie or juice of your choice.

Store in a cool dry place, below 25°C and protect from direct sunlight, heat & moisture.

Product cautions:

This product is not suitable if you are pregnant, breast feeding or under five years of age.

Should you have any concerns about possible interactions with prescribed medication, always consult your physician before consuming.

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.



WE DO NOT INVEST IN ANIMAL TRIALS



100% GMO FREE



REGISTERED BY THE VEGAN SOCIETY



FREE SHIPPING WITHIN THE UK



Discover more amazing products online today: www.conellaholdings.com

Maxi-Marine

Delivering a concentrated source of Omega 3 from marine fish oils

Sourced from only the finest grade fish oils delivering a readily absorbable form of omega 3. These are offered in an additive free form, and the active ingredients within this food supplement have been carefully screened before making their way onto our shelves. This product is suitable for consumption by pescatarians.



Quantity: 90
(30-90 days' supply)

Type:
Capsules

Code:
CH001

NORMAL RRP:
£15.65

Actual capsule size:

FREE FROM: ADDITIVES ✓ **SUITABLE FOR:** PISCATARIANS ✓

Ingredients per capsule:

% NRV

Fish oil 1000mg

Providing (as free fatty acids):

Eicosapentaenoic Acid (EPA) 300mg

-

Docosahexaenoic Acid (DHA) 200mg

-

Gelatin (Fish)

-

Glycerine

Water

Vitamin E (mixed tocopherols) 2mg α-TE 17%

% NRV = Nutrient Reference Value

Allergen information:

See ingredients listed in **bold**.

Directions for use:

Take 1-3 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**FREE SHIPPING
WITHIN THE UK**



Many products available with **FREE UK shipping**

Maxi-Krill

Delivering Omega-3 fatty acids,
Phospholipids & Astaxanthin

Delivering an advantageous form of Omega-3 fatty acids EPA/DHA, phospholipids & astaxanthin extracted from only the finest raw materials in a sustainable manner, this formula is suitable for consumption by pescatarians.



Quantity: 60
(30-60 days' supply)

Type:
Capsules

Code:
CH019

NORMAL RRP:
£25.15

Actual capsule size:



SUITABLE FOR: **PISCATARIANS** ✓

Ingredients per capsule:

Krill Oil

Lipid extract from the **crustacean**
Antarctic Krill (*Euphausiasuperba*)

Providing:

Phospholipids	200mg	-
Total Omega-3 fatty acids	110mg	-
Of which: EPA (eicosapentaenoic acid)	60mg	-
DHA (docosahexaenoic acid)	27mg	-
Choline	25mg	-
Astaxanthin	50µg	-
Capsule Shell (fish gelatine)	-	-

% NRV = Nutrient Reference Value

Allergen information:

See ingredients listed in **bold**.

Suitable for pescatarians.

% NRV

Directions for use:

Take 1-2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Not suitable for people with a sensitivity to shellfish. Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.

The krill are sourced from Marine Stewardship Certified Antarctic seas.



WE DO NOT INVEST
IN ANIMAL TRIALS



GMO FREE
100%
GMO FREE



FREE SHIPPING
WITHIN THE UK



Discover more amazing products online today: www.conellaholdings.com

Algae-Marine

Delivering in abundance a readily absorbable form of DHA

NEW
IMPROVED
FORMULA



Sourced from only the finest grade ingredients, delivering in abundance a readily absorbable form of DHA. Entirely additive-free, the active ingredients within this food supplement have been carefully screened. This product is suitable for consumption by vegetarians and allergy sensitive people and are presented in an easy to swallow capsule.

Quantity: 60
(30-60 days' supply)

Type:
Capsules

Code:
CH002

NORMAL RRP:
£19.95

Actual capsule size:

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Oil from the microalgae Schizochytrium sp.	500 mg	
Providing (as free fatty acids): Docosahexaenoic acid (DHA)	200 mg	-
Capsule shell (glycerine [gelling agent], modified starch, carrageenan [gelling agent])		-
Vitamin E (dl-alpha tocopheryl acetate)	5.0 mg α-TE	42%

% NRV = Nutrient Reference Value

Allergen information:

Free from allergens and additives.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-2 capsules daily; women who are pregnant or breast feeding may take 2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:

60 capsules – 30-60 day's supply.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



WE DO NOT INVEST
IN ANIMAL TRIALS



100%
GMO FREE



REGISTERED BY
THE VEGAN SOCIETY



FREE SHIPPING
WITHIN THE UK



Many of our products are now registered with The Vegan Society

Borage Seed Oil

Delivering a concentrated source of Gamma Linolenic Acid (GLA) 20%

Derived from only the finest quality vegan, additive and allergen-free borage officinalis seeds, typically delivering 20% gamma linoleic acid (GLA), a higher percentage of GLA than most evening primrose oils or black current seeds.



Quantity: 100ml
(20 days' supply)

Type:
Liquid

Code:
CH025

NORMAL RRP:
£18.95

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per typical serving of 1 teaspoon (5ml):

Borage Seed Oil

of which;

Gamma Linolenic acid (GLA) 750mg

% NRV

% NRV = Nutrient Reference Value

Allergen information:

Free from allergens and additives.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-2 teaspoons daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:
20 day's supply.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Many products available with **FREE UK shipping**

Maxi-Flax

Delivering a concentrated source of Omega 3 from flaxseed oil

Sourced from only the finest grade ingredients, delivering a readily absorbable form of alpha-linolenic acid (ALA), in an entirely allergen and additive free form. The active ingredients have been carefully selected to be suitable for vegans.



Quantity: 90
(22-90 days' supply)

Type:
Capsules

Code:
CH005

NORMAL RRP:
£11.50

Actual capsule size:

SUITABLE FOR: **VEGANS** ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Flaxseed oil 1000mg

Providing (as free fatty acids):

Alpha-Linolenic Acid 500mg

-

Hydroxypropyl methyl cellulose (capsule shell)

-

% NRV = Nutrient Reference Value

Allergen information:

Free from allergens and additives.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-4 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



WE DO NOT INVEST
IN ANIMAL TRIALS



100%
GMO FREE



REGISTERED BY
THE VEGAN SOCIETY



FREE SHIPPING
WITHIN THE UK



Discover more amazing products online today: www.conellaholdings.com

NEW

Maxi Vit-E

Delivering Vitamin E 400iu
per capsule

Sourced from only the finest grade
tocopheryl succinate. This Vegan Society
registered food supplement is offered in
an allergen and additive free form.



Quantity: 60
(30-60 days' supply)

Type:
Capsules

Code:
CH035

NORMAL RRP:
£16.95

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Vitamin E (as D-Alpha Tocopheryl Succinate) 267mg α-TE **2225%**

Hydroxypropylmethyl cellulose (capsule shell) -

Brown rice flour -

Powdered rice hulls (Nu-Flow®) -

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of
those on a restricted diet.

Directions for use:

Take 1-2 capsules daily or as
directed by your chosen adviser.

**Store in a cool, dry environment and
out of direct sunlight.**

Cautions:

Do not exceed the stated recommended daily
intake. Food supplements should not be used as
a substitute for a varied and balanced diet and
healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Many products available with **FREE UK shipping**

Maxi-Immune

Delivering a readily assimilated form of Vitamin C to reduce tiredness and fatigue while supporting an optimal immune function.

Maintains the normal function of the immune system during and after intense physical exercise. Normal Collagen Formation for the normal function of blood vessels, bones, cartilage, gums, skin and teeth plus normal energy-yielding metabolism and nervous, and immune system.



Quantity: 250g
(250-125 days' supply)

Type:
Powder

Code:
CH029

NORMAL RRP:
£31.94

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per 1g:

% NRV

Vitamin C

(as Magnesium Ascorbate) 722mg **902%**

Magnesium
(as Magnesium Ascorbate) 54mg **14%**

Citrus bioflavonoid complex
(85% hesperidin) 75mg **-**

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-2g daily with water or as directed by a practitioner.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Many of our products are now registered with **The Vegan Society**

Maxi-Immune + (formally Maxi-Oxi)

Delivering Vitamins, Minerals
& Phytonutrients

Delivering a wide spectrum of ingredients including Vitamin C, zinc, selenium and turmeric root extract which contribute to the function of the immune system. Made from only the finest raw materials, this formula is suitable for consumption by vegans.



Quantity: 60
(30-60 days' supply)

Type:
Capsules

Code:
CH007

NORMAL RRP:
£23.95

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

		% NRV
Green Tea (Camellia sinensis leaf) extract	120mg	-
(Min 60% polyphenols)		
Hydroxypropylmethyl cellulose (capsule shell)		-
Vitamin C (as ascorbic acid, ascorbyl palmitate)	60mg	75%
Lutein (marigold extract, corn dextrin)	3mg	-
Vitamin E (as D-Alpha Tocopheryl Succinate)	25mg α-TE	208%
L-cystine (as hydrochloride)	25mg	-
Mixed carotenoids (caromix)	1.64mg	-
Turmeric root extract	30mg	-
Citrus Bioflavonoids	20mg	-
Grapeseed Extract	15mg	-
Zinc (as citrate)	4mg	40%
Coenzyme Q10	10mg	-
Manganese (as citrate)	2mg	100%
Selenium (as L-Selenomethionine)	40µg	73%
Quercetin (as dihydrate)	4mg	-
Lycopene	338µg	-

% NRV = Nutrient Reference Value

Directions for use:

Take 1-2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Contains antioxidants Vitamins C & E, zinc, manganese and selenium, which help protect cells from oxidative stress.

Suitable for vegans and many of those on a restricted diet. | **Keep out of the reach of children.**



Allergen information: Free from allergens.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Discover more amazing products online today: www.conellaholdings.com

Maxi D+K

A Vegan source of
Vitamins D and K

Delivering a readily assimilated form of vitamin D3 and K2, ensuring efficient uptake of these nutrients. Made from only the finest raw materials, each capsule provides around 2000iu of vitamin D3 and 25µg of vitamin K2. This allergen-free formula is suitable for consumption by vegans.

NOW
DELIVERING
2000IU OF
VIT D3

ORDER ONLINE
EARN
UP TO 5%
IN REWARD POINTS
ON YOUR NEXT
ORDER
www.conellaholdings.co.uk

FREE FROM
ALLERGENS

Vegan



Quantity: 60
(30-60 days' supply)

Type:
Capsules

Code:
CH006

NORMAL RRP:
£15.65

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Brown rice flour	-	
Hydroxypropyl methyl cellulose (capsule shell)	-	
Vitamin C (as ascorbyl palmitate)	12mg	15%
Vitamin D3 (cholecalciferol) (2000 iu)	50µg	1000
Vitamin K2 (menaquinone-7)	25µg	33%

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.

INTRODUCING
JUST fil
TECHNOLOGY



WE DO NOT INVEST
IN ANIMAL TRIALS

GMO
FREE

100%
GMO FREE



REGISTERED BY
THE VEGAN SOCIETY



FREE SHIPPING
WITHIN THE UK



Many products available with **FREE UK shipping**

Maxi-Vit C

A food supplement
delivering Vitamin C

Made from only the finest quality vegan and allergen-free ingredients, delivering magnesium ascorbate, a less acidic form of vitamin C combined with bilberry fruit containing plant pigments known as anthocyanosides, to protect cells from oxidative stress and reduce the signs of tiredness and fatigue.



Quantity: 60
(30-60 days' supply)

Type:
Capsules

Code:
CH020

NORMAL RRP:
£19.90

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Vitamin C (as magnesium ascorbate)	400mg	500%
Bilberry fruit extract	100mg	-
(Compound ingredients – maltodextrin, cellulose)		
Hydroxypropylmethyl cellulose (capsule shell)	-	-
Vitamin C (as ascorbyl Palmitate)	12mg	15%
Rice hull concentrate	10mg	-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Many of our products are now registered with **The Vegan Society**

Maxi-Vitamin B12

Delivering Vitamin B12
as Methylcobalamin

Made from only the finest quality vegan, allergen and additive free ingredients. Vitamin B12 has been demonstrated to support normal energy levels, reduce tiredness and fatigue, support a healthy immune function and the metabolism of homocysteine.



Quantity: 60
(60 days' supply)

Type:
Capsule

Code:
CH032

NORMAL RRP:
£13.45

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Vitamin B12 1000 µg
(as methylcobalamin)

40000%

Hydroxypropyl methyl cellulose
(capsule shell)

-

Brown rice flour

-

Powdered rice hulls (Nu-Flow®)

-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1 capsule daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:
60 capsules – 60 day's supply.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



WE DO NOT INVEST
IN ANIMAL TRIALS



100%
GMO FREE



REGISTERED BY
THE VEGAN SOCIETY



FREE SHIPPING
WITHIN THE UK



Discover more amazing products online today: www.conellaholdings.com

Choline Bitartrate Powder

A versatile, vegan, additive and allergen free source of Choline

Choline is a phospholipid that's present in all our cell-membranes and has been recommended by traditional naturopaths for many years, yet only as recently as 1998 was it officially recognised as an important nutrient by The Institute of Medicine.



Quantity: 100g
(20 days' supply)

Type:
Powder

Code:
CH024

NORMAL RRP:
£11.50

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per typical serving of 1 teaspoon (approximately 5g):

% NRV

Choline (as bitartrate)	1950mg	-
Silicon Dioxide		-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1 scoop or teaspoonful mixed in water or a smoothie daily, or as directed by your chosen adviser.

Once mixed, refrigerate and store away from direct sunlight.

A food supplement:
20 day's supply.

Cautions:

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet and healthy lifestyle. Not recommended in cases of kidney insufficiency.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Many products available with **FREE UK shipping**

Maxi-P-5-P

Delivering Vitamin B-6 in the broken down form of pyridoxal-5-phosphate (P-5-P)

Delivering a readily assimilated form of vitamin B6 in the form of pyridoxal-5-phosphate ensuring an efficient uptake of this nutrient. Made from only the finest raw materials, each capsule provides around 20mg of vitamin B6. This additive and allergen-free formula is suitable for consumption by vegans.



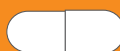
Quantity: 60
(60 days' supply)

Type:
Capsules

Code:
CH009

NORMAL RRP:
£15.65

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Brown rice flour -

Hydroxypropyl methyl cellulose (capsule shell) -

Pyridoxal-5-Phosphate

Providing Vitamin B-6 20mg **1429%**

Vitamin C (as ascorbyl palmitate) 12mg **15%**

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1 capsule daily or as directed by your chosen advisor.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Long term supplementation of levels in excess of 10mg of vitamin B6 may lead to mild tingling and numbness in sensitive individuals.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Many of our products are now registered with **The Vegan Society**

Maxi-B Complex

Delivering a blend of readily assimilated B vitamins

Delivering a wide spectrum of B Vitamin nutrients including vitamin B-6 in the form of P-5-P. This allergen-free formula is suitable for consumption by vegans.



Quantity: 60
(30-60 days' supply)

Type:
Capsules

Code:
CH018

NORMAL RRP:
£14.95

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

		% NRV
Choline (as bitartrate)	60mg	-
Hydroxypropyl Methylcellulose (capsule shell)		-
Pantothenic acid (as Calcium Pantothenate)	60mg	1000%
Inositol	60mg	-
Niacin (as Nicotinamide)	50mg NE	312%
Vitamin B6 (as Pyridoxal-5-phosphate)	30mg	2143%
Vitamin C (as Ascorbyl Palmitate)	12mg	15%
Para Benzoic Acid (PABA)	25mg	-
Vitamin B1 (as Thiamine Hydrochloride)	12mg	1091%
Vitamin B2 (as Riboflavin)	12mg	857%
Folic Acid	100µg	50%
Biotin	100µg	200%
Vitamin B12 (as Cyanocobalamin)	30µg	1200%

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Discover more amazing products online today: www.conellaholdings.com

Maxi-Selenium

L-selenomethionine 100µg plus
BioPerine to increase absorption 500µg

Made from only the finest quality
vegan and allergen-free ingredients.
Selenium protects our cells from oxidative
stress, and supports both immune and
thyroid function, this nutrient also plays a
role in supporting healthy hair and nails.



Quantity: 60
(60 days' supply)

Type:
Capsules

Code:
CH031

NORMAL RRP:
£10.95

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Brown rice flour	-
Hydroxypropylmethyl cellulose (capsule shell)	-
L-Selenomethionine	182%
Providing selenium	100µg
Powdered rice hulls (Nu-Flow®)	-
Black Pepper extract (BioPerine™)	500µg
	-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegans and many of
those on a restricted diet.

Directions for use:

Take 1 capsule daily or as directed by your
chosen advisor.

**Store in a cool, dry environment and
out of direct sunlight.**

A food supplement:
60 capsules – 60 day's supply.

Cautions:

Do not exceed the stated recommended daily
intake. Food supplements should not be
used as a substitute for a varied and balanced
diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**REGISTERED BY
THE VEGAN SOCIETY**



**100%
GMO FREE**



**FREE SHIPPING
WITHIN THE UK**



Many products available with FREE UK shipping

Maxi-Mag

Delivering 100mg Magnesium per capsule

Delivering a form of magnesium that the body can readily process, thus ensuring efficient uptake of this important nutrient. Made from only the finest raw materials, each capsule provides around 100mg of elemental magnesium in the citrate form. This additive and allergen-free formula is suitable for consumption by vegans.



Quantity: 90
(22-90 days' supply)

Type:
Capsules

Code:
CH010

NORMAL RRP:
£13.65

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule: % NRV

Magnesium (as Citrate) 100mg 27%

Hydroxypropylmethyl cellulose (capsule shell) -

Vitamin C (as ascorbyl palmitate) 12mg 15%

% NRV = Nutrient Reference Value

Allergen information:

Free from allergens and additives.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1-4 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:

90 capsules – 22-90 day's supply.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



Many of our products are now registered with The Vegan Society

Maxi-Mag +

The foundation of a comprehensive nutritional regime

Delivering an advantageous form of magnesium, combined with vitamin C, zinc, manganese and selenium, that help protect cells from oxidative stress, complexed in a proprietary blend of B vitamins and other synergistic ingredients including biopeperin, an ingredient extracted from black pepper that aids the utilisation of selective nutrients. Made from only the finest raw materials, this formula is suitable for consumption by vegans.



Quantity: 120
(40-120 days' supply)

Type:
Capsules

Code:
CH008

NORMAL RRP:
£25.95

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

		% NRV
Magnesium (as citrate)	60mg	16%
Hydroxypropyl methyl cellulose (capsule shell)	-	-
Choline (as bitartrate)	30mg	-
Pantothenic acid (as calcium pantothenate)	30mg	500%
Vitamin C (as Ascorbyl Palmitate)	12mg	15%
Inositol	30mg	-
Brown rice flour	-	-
Vitamin B6 (as Pyridoxal-5-Phosphate)	10mg	714%
Vitamin B1 (as Thiamine Hydrochloride)	10mg	909%
Vitamin B2 (as Riboflavin)	10mg	714%
Niacin (Vitamin B3 as Nicotinamide)	10mg NE	62%
Para Amino Benzoic Acid	10mg	-
Citrus Bioflavonoids (Citrus sinensis peel) (Min 85% Hesperidin)	10mg	-
Zinc (as Citrate)	3mg	30%
Manganese (as Citrate)	1mg	50%
Vitamin D (as Cholecalciferol)	5µg	100%
Beta Carotene (with soy protein)	1.5mg	-
Equivalent to Vitamin A	250µg RE	31%
Black Pepper extract (min 95% piperine) (Bioperine™)	600µg	-
Chromium (as Picolinate)	25µg	62%
Selenium (as L-Selenomethionine)	50µg	91%
Molybdenum (as Ammonium Molybdate)	33µg	66%
Iodine (as Potassium Iodide)	25µg	17%
Biotin	30µg	60%
Folic acid	25µg	12%
Vitamin B12 (as Cyanocobalamin)	5µg	200%

% NRV = Nutrient Reference Value

Directions for use:

Take 1-3 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:

120 capsules – 40-120 day's supply.

Cautions:

Long term intakes of more than 10mg vitamin B6 may lead to mild tingling and numbness. Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.

Suitable for vegans and many of those on a restricted diet.

Allergen information: See ingredients listed in **bold**.



Discover more amazing products online today: www.conellaholdings.com

Maxi-Mag Powder

Delivering a readily assimilated form of magnesium

Made from only the finest raw materials delivering a form of magnesium that the body can readily process, thus ensuring efficient uptake of this important nutrient. This additive and allergen-free formula is suitable for consumption by vegans.



Quantity: 250g
(250-100 day's supply)

Type:
Powder

Code:
CH027

NORMAL RRP:
£13.60

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per 1g:

% NRV

Magnesium (as Citrate) 155mg **40%**

% NRV = Nutrient Reference Value

Allergen information:

Free from allergens and additives.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1g – 2.5g daily, or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:

Quantity 250g (250-100 day's supply).

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**REGISTERED BY
THE VEGAN SOCIETY**



**100%
GMO FREE**



**FREE SHIPPING
WITHIN THE UK**



Many products available with **FREE UK shipping**

Potassium Citrate Salts

Delivering 180mg of elemental potassium per 5ml consumed

Made from only the finest quality vegan, additive and allergen-free ingredients, carefully selected to nutritionally support normal nervous system health, muscle function and maintenance of normal blood pressure.



Quantity: 100g
(66 - 200 days' supply)

Type:
Powder

Code:
CH023

NORMAL RRP:
£9.40

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per typical serving of 1 teaspoon (5ml)

% NRV

Potassium (as Citrate) 180mg 9%

% NRV = Nutrient Reference Value

Allergen information:

Free from allergens and additives.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take the 100g of potassium salts and mix them into a litre of filtered or distilled water. Shake well before use and consume 1-3 tsp daily, or as directed by a health professional.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:

66 – 200 day's supply.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



Many of our products are now registered with The Vegan Society

Maxi-Potassium

Delivering 150mg
Potassium per capsule

Made from only the finest quality vegan, additive and allergen-free ingredients, carefully selected to nutritionally support normal nervous system health, muscle function and the maintenance of normal blood pressure.



Quantity: 60
(30 days' supply)

Type:
Capsules

Code:
CH022

NORMAL RRP:
£10.75

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule: % NRV

Potassium (as Citrate)	150mg	7.5%
Brown rice flour	-	
Hydroxypropylmethyl cellulose (capsule shell)	-	
Vitamin C (as ascorbyl palmitate) 12mg	15%	
Rice Hull Concentrate	-	

% NRV = Nutrient Reference Value

Allergen information:

Free from allergens and additives.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 2 capsule daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:

60 capsules – 30 day's supply.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



Discover more amazing products online today: www.conellaholdings.com

Maxi-Zinc

15mg of elemental Zinc
per capsule

Delivering a utilisable form of zinc, as citrate that the body can readily process. Made from only the finest raw materials, each capsule provides around 15 milligrams of elemental zinc. This additive and allergen-free formula is suitable for consumption by vegans.



Quantity: 60
(60 days' supply)

Type:
Capsules

Code:
CH011

NORMAL RRP:
£9.40

Actual capsule size:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Brown rice flour 12mg	-
Hydroxypropyl methyl cellulose (capsule shell)	-
Zinc citrate	
Providing zinc 15mg	150%
Vitamin C (as ascorbyl palmitate) 12mg	15%

% NRV = Nutrient Reference Value

Allergen information:

Free from allergens and additives.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

Take 1 capsule daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



Many products available with FREE UK shipping

Sunflower Lecithin & Plant Sterols

An innovative blend, delivering a highly concentrated source of phosphatidyl choline (22%) from an allergen free sunflower source, further enhanced by the addition of plant sterols, noted to contribute towards the maintenance of normal cholesterol levels at daily intakes of 800mg daily.



Quantity: 175g^e
(17-35 days' supply)

Type:
Powder

Code:
CH004

NORMAL RRP:
£18.85

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Each teaspoon (approximately 5g) of powder typically provides:

Lecithin	4500mg
Providing:	
Phosphatidyl choline	1035mg
Phosphatidyl ethanolamine	810mg
Phosphatidyl inositol	360mg
Phosphatidic acid	90mg
Phytosterols	450mg
Of which:	
Beta Sitosterol	225mg

Ingredients:

Sunflower lecithin powder, plant sterols, anti-caking agent silicon dioxide.

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.

Directions for use:

1-2 tsp (approximately 5-10g) of powder daily. For best results, take mixed with food ideally being blended into a smoothie or juice of your choice.

Store in a cool dry place, below 25°C and protect from direct sunlight, heat & moisture.

Cautions:

Do not consume in excess of 3g of plant sterols from all dietary sources per day.

This product is not suitable if you are pregnant, breastfeeding or under five years of age.

Should you have any concerns about possible interactions with prescribed medication, always consult your physician before consuming.

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**100%
GMO FREE**



**REGISTERED BY
THE VEGAN SOCIETY**



**FREE SHIPPING
WITHIN THE UK**



Many of our products are now registered with **The Vegan Society**

Maxi-Colon

An innovative formula providing calcium to support digestion and a blend of fibrous plant extracts and bacterial cultures.

These carefully selected plant extracts include psyllium husks, chicory root, acacia gum, guar gum, elderberry extract, with a good source of calcium and appropriate bacterial cultures.


Quantity:

150g

Type:

Powder

Code:

CH034

NORMAL RRP:

£24.95
SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per capsule:

% NRV

Psyllium (Plantago ovata) husk powder		
Providing psyllium husks	2000 mg	
Acacia (Acacia sp) gum		
Providing fibre	842 mg	
Chicory (Cichorium intybus) root extract		
Providing inulin	947 mg	
Calcium (as citrate)	126 mg	16
Partially hydrolysed guar gum		
Providing fibre	398 mg	
Elderberry 7:1 extract	526 mg	
Equivalent to fresh elderberries	3682 mg	
Live culture	4 mg	
Providing 1 billion (1 x 10 ⁹) CFU		
Bifidobacterium animalis subsp.lactis		

% NRV = Nutrient Reference Value

Directions for use:

Take 6g (approx 1 teaspoon) and mix in a large glass of water. Stir rigorously and consume immediately to avoid coagulation, or as directed by your practitioner.

Store in a cool, dry environment and out of direct sunlight.

A food supplement:

150g – 25 day's supply.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.

Allergen information: Free from allergens.

Suitable for vegans and many of those on a restricted diet.



Discover more amazing products online today: www.conellaholdings.com

NEW

Skin Brushes

Premium Quality pure
bristle skin brushes for
naturopathic skin brushing.

For generations naturopaths have recommended regular skin brushing, to encourage the removal of dead skin cells whilst supporting optimum circulation. These body brushes are made from the traditional materials of pure bristle and European beach wood.



Quantity:

1

Type:

Brush

Code:

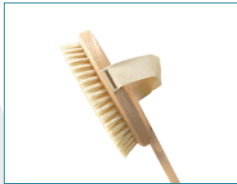
CH039

NORMAL RRP:

£14.95

Directions for use:

Applying gentle pressure, start brushing your skin from the extremities to the centre of the body using circular clockwise motions, applying greater pressure as needed for thicker dry skin. Once completed take a cool shower to remove the dry skin.



WE DO NOT INVEST
IN ANIMAL TRIALS



FREE SHIPPING
WITHIN THE UK



Many products available with FREE UK shipping

Home Irrigator Kit

A convenient user-friendly 1.5 litre Home Irrigator bag plus accessories

- 1 x flexible pipe
- 1 x clip
- 1 x short cannula (rectal nozzle)



Quantity:

1 x 1.5 litre bag

Type:

Kit

Code:

CS003

NORMAL RRP:

£14.95

Directions for use:

1. Pipe assembly

Take the cannula and insert into the pipe of the plastic irrigator bag, push on firmly to avoid leaks.

2. Filling

Check that the clip is properly secured to stem the fluid flow. Pour the required fluid into the irrigator bag. The fluid needs to fill the entire pipe to prevent air locks during the enema. To remove the air, open the clip and drain some fluid through the pipe then re-secure the clip. The pressure of the fluid flow is dependent on the height between the cannula and the irrigator bag, so always keep the irrigator bag positioned above the level of the clip to avoid backflow.

3. Application

Identify a convenient position to place the enema kit and secure the enema kit in place. Then lay down in a comfortable position and insert the cannula, release the clip to release the fluid and complete the enema process.

4. After use

We recommend this product for personal use: After using, clean with a disinfectant or warm soapy water (not boiling). Do not hesitate to remove and clean all parts used including the inside of the cannula and pipe.

Keep out of the reach of children.



Discover more amazing products online today: www.conellaholdings.com

Clysmatic Kit

Supporting gut health with
our clysmatic kit

The clysmatic kit works by introducing water in to the colon via gentle gravity pressure. The repeated rinsing that occurs as a result of its usage moves waste materials more speedily through the colon, strengthening the intestinal muscles at the same time as washing clean the mucosal membranes.



Quantity:

1 x Kit

Type:

Kit

Code:

BL01

NORMAL RRP:

£217.50

At Conella Holdings, we're committed to stocking everything you might need on your naturopathic journey, which is why our range includes this premier home clysmatic kit.

Intended to improve peristalsis and transit time, it acts as a gentle and safe form of colonic hydrotherapy that you can carry out from the comfort of your own home.

The clysmatic kit works by introducing water in to the colon via gentle pressure. The repeated rinsing that occurs throughout the process moves waste materials more speedily through the colon, strengthening the intestinal muscles at the same time as washing clean the mucosal membranes.

Clysmatics can be an important component of a successful naturopathic nutrition programme,

and are highly beneficial in terms of promoting and supporting optimum gut health. Contributing to a cleaner and better conditioned intestinal tract, they help to more quickly remove waste materials and expel potentially detrimental substances from the body.

Ideally used in conjunction with a healthy diet, clysmatic kits are suitable for use by most ordinary healthy individuals, although we recommend that those with obstructive digestive conditions, haemorrhoids, or heart and blood pressure conditions seek medical advice before buying.

Clysmatic Kit Replacement Nozzle

Code: BL02

£7.45 RRP



Many products available with **FREE UK shipping**

Castor Oil

Castor oil packing is a technique that has been employed by naturopaths for many generations

We believe it is essential to only use the purest materials on your skin. This is why our castor oil is sourced from only the finest quality cold extracted British Pharmacopeia grade castor oil and our castor oil packing fabric is made from 100% pure unbleached cotton.



Quantity: 500ml
(30-90 days' supply)

Type:
Liquid

Code:
CH015

NORMAL RRP:
£11.95

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Directions for use:

To successfully apply your traditional castor oil pack you will need to source our packing fabric – product code CH016.

Unwrap the unbleached 100% cotton fabric and place in an easy to clean container then thoroughly soak with castor oil. Apply the soaked fabric onto the appropriate area, securing with a cling film wrap to save staining, for the recommended time, often 30 mins to 24 hours. If you are applying heat to the pack, by applying a hot water bottle, to avoid scolding carefully wrap the water bottle in a towel before applying.

Once completed you can place the wrap back in the pouch and store in a fridge. You can reuse this wrap as many times as needed, although we do not recommend using beyond thirty days from the first application.

This premium BP grade, cold extracted castor oil, is recommended for external use only, as part of a traditional castor oil pack, as advised by your recommending practitioner. Fitted with a child resistant lid (CRC) to preserve the quality of the oil.

Store in a cool, dry environment and out of direct sunlight.

Keep out of the reach of children.

Allergen information: Free from allergens.

This product is suitable for vegans.



Discover more amazing products online today: www.conellaholdings.com

Castor Oil Packing Fabric

Castor oil packing is a technique that has been employed by naturopaths for many generations

We believe it is essential to only use the purest natural materials on your skin. This is why Conella's Castor Oil Packing Fabric is made from 100% pure unbleached cotton.



Quantity: 68x50cm
(30 days' supply)

Type:
Fabric

Code:
CH016

NORMAL RRP:
£11.95

Directions for use:

To successfully apply your traditional castor oil pack you will need to source our cold extracted BP grade Castor Oil – product code CH015.

You will have normally been instructed where on your body you want to apply the cotton pack and the duration this needs to be applied, between 30 mins - 24 hours. To create a pack remove the fabric from the sealed packaging and fold the fabric into a shape that fits the area you need to apply the pack too, then thoroughly soak the fabric with castor oil in an easy to clean container of your choice and apply appropriately. Once you have applied the pack, to avoid stains and inconvenience, you can hold the pack in place by securing with cling film.

We would recommend once used that this material is replaced after approximately one month.

Store in a cool, dry environment and out of direct sunlight.

Keep out of the reach of children.

Allergen information: Free from allergens.

This product is suitable for allergy sensitive people.



Many products available with FREE UK shipping

Epsom Bath Salts



A warm bath with Epsom salts is noted to help relax stiff, aching muscles and helps you unwind after a stressful day, so that you can enjoy a good night's sleep. Epsom bath salts are naturally occurring, magnesium sulphate.

Quantity: 2kg
(8 Baths)

Type:
Pouch

Code:
CH040

NORMAL RRP:
£16.95

These Epsom bath salts are naturally occurring, magnesium sulphate.

Ingredients:

Magnesium sulphate crystals

Directions for use:

Bath: Dissolve 250g into a warm bath and relax in the water for twenty minutes.

For an intensive muscle soak, add 500g into the bath.

Foot bath: Add 150g to enough warm water to cover the feet and soak feet for twenty minutes.

Avoid using soap during your soak to maximise mineral absorption.

Once opened, reseal after every use and store in a dry place as salts can absorb moisture.

Cautions:

Do not use on broken skin and avoid contact with the eyes. If pregnant or suffering with a medical condition, consult your physician before use.

Keep out of the reach of children.



INTRODUCING 5 AMAZING PRODUCTS!

Electromagnetic Field Protection



The smartDOT range's unique encoding is designed to retune the EMF frequencies transmitted from many of the electronic devices that assist us in both our professional and personal life.



Our amazing bodies are made up of approximately 37 trillion individual cells that both hold and convert light into electromagnetic energy that is required to support our natural respiratory functions from the production of ATP. However, electromagnetic fields (EMF's), created by many of the electrical devices we have become heavily reliant on, can interfere with our own subtle electromagnetic energies, for example the bodies ability to alkalise through the actions of our internal sodium potassium pump.

Are you one of the growing number of people who notice that you tire more easily when working in a computer driven, artificially-lit office environment. Or are you one of the many people who have concerns about the overuse of mobile phones?

If you are, these simple and easy to apply smartDOTs maybe the answer. You can apply these to any of your regularly used electrical devices. They're quick and easy to apply. Simply peel off the protective backing paper and attach the smartDOT to your device. The smartDOT doesn't even need to go into any specific position on your equipment, although do please note that normally you will need to apply a smartDOT on each device separately. In the case of a computer where you might have a wireless key board etc., you really only need to apply one smartDOT on the monitor.

We hope you enjoy these amazing products. Do please feel free ask for any advice and guidance needed.

Use a smartDOT on any device:

- ✓ Mobile or cordless phone
- ✓ Laptop or computer
- ✓ Tablet
- ✓ WiFi router
- ✓ Games console
- ✓ Baby monitor
- ✓ In your car
- ✓ TV/DVD unit
- ✓ Hairdryer



Many products available with FREE UK shipping

Juicers

We believe that the extraction process employed by a macerating juicer can influence the electro-magnetic properties of the extracted juice and its final efficacy.



Discover our range of juicers online today!



www.conellaholdings.com

 conella

Introducing some amazing products

from

ARTHUR + ANDREW

Distributed by

conella



Arthur Andrew is a leading provider of innovative food supplements.

See pages 46-52

Aminolase®

Aminolase® is a powerful blend of proteolytic enzymes



Quantity: 90
(30-90 day supply)

Type:
Capsules

Code:
AA001

NORMAL RRP:
£51.95

Actual capsule size:



SUITABLE FOR: VEGETARIANS ✓

Ingredients per capsule:

Recommended daily intake 1-3 capsules
(typical value per 1 capsule)

% NRV

Bromelain (Ananas comosus)	188 mg	-
Protease (Bacillus subtilis)	84,500 HUT	-
Hydroxypropyl methylcellulose and water (capsule)		-
Medium Chain Triglycerides (lubricant)		-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegetarians and people who wish to avoid animal and animal by-products.

Directions for use:

Take 1 capsule, up to three times daily between meals.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a balanced and varied diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**KOSHER
CERTIFIED**



**FREE SHIPPING
WITHIN THE UK**

ARTHUR + ANDREW

Distributed by: Conella Holdings Ltd.



Discover more amazing products online today: www.conellaholdings.com

Devigest ADS®

Devigest ADS® is the latest breakthrough in enzyme science. Devigest is more powerful and concentrated than its predecessors



Quantity: 90
(15-30 day supply)

Type:
Capsules

Code:
AA002

NORMAL RRP:
£34.25

Actual capsule size:



SUITABLE FOR: VEGETARIANS ✓

Ingredients per capsule:

Recommended daily intake 3-6 capsules
(typical value per 1 capsule)

% NRV

Maltodextrin (Excipient)	-
Hydroxypropyl methylcellulose (capsule)	-
Peptidase (Aspergillus oryzae)	250 DPPIV -
Calcium (as carbonate)	12mg 1.5%
	2,500 HUT -
Potassium (as bicarbonate)	10mg 0.5%
Alpha-Amylase (Aspergillus oryzae)	3,750 DU -
Glucosylase (Aspergillus oryzae)	25 AGU -
Lactase (Aspergillus oryzae)	1,000 ALU -
Fruit Bromelain (Ananas comosus)	25 GDU -
Alpha-galactosidase (Aspergillus niger)	150 GalU -
Acid Fungal Protease (Aspergillus niger)	250 HUT -
Cellulase (Aspergillus niger)	500 CU -
Medium Chain Triglycerides (lubricant)	-
Xylanase (Trichoderma longibrachiatum)	250 XU -
Papain (Carica papaya)	65,000 PU -
Hemicellulase (Aspergillus niger)	1,000 HCU -
Lipase (Candida rugosa)	300 FIP -

% NRV = Nutrient Reference Value

Directions for use:

Take 1-2 capsules, three times daily immediately before meals. Take a few hours before or after taking medications. Consult a health care practitioner for prolonged use. Devigest can help augment food factors missing from the diet.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a balanced and varied diet and healthy lifestyle.

Keep out of the reach of children.

Allergen information: Free from allergens.

Suitable for vegetarians.



ARTHUR + ANDREW
Distributed by: Conella Holdings Ltd.



Discover more amazing products online today: www.conellaholdings.com

Floraphage®

Floraphage® is a potent blend of bacteriophages



Quantity: 90
(30-90 day supply)

Type:
Capsules

Code:
AA003

NORMAL RRP:
£57.95

Actual capsule size:



SUITABLE FOR: VEGETARIANS ✓

Ingredients per capsule:

Recommended daily intake 1-3 capsules
(typical value per 1 capsule)

	% NRV
Rice Dextrin (filler)	-
Hydroxypropyl methylcellulose and water (capsule)	-
Bacteriophages	1,000,000 PFU -
Medium Chain Triglycerides (lubricant)	-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegetarians and people who wish to avoid animal and animal by-products.

Directions for use:

Take 1 capsule, up to three times daily between meals.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a balanced and varied diet and healthy lifestyle.

Keep out of the reach of children.



ARTHUR + ANDREW
Distributed by: Conella Holdings Ltd.



Discover more amazing products online today: www.conellaholdings.com

Nattovéna®

Nattovéna® is a high potency nattokinase with a minimum activity of 4,000 FUs per capsule. Nattokinase is a powerful fibrinolytic enzyme



Quantity: 90
(15-30 day supply)

Type:
Capsules

Code:
AA004

NORMAL RRP:
£42.65

Actual capsule size:



SUITABLE FOR: VEGETARIANS ✓

Ingredients per capsule:

Recommended daily intake 3-6 capsules (typical value per 1 capsule)		% NRV
Nattokinase (Bacillus subtilis)	4,000 FU	-
Protease (Aspergillus oryzae) (filler)		-
Hydroxypropyl methylcellulose and water (capsule)		-
Medium Chain Triglycerides (lubricant)		-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegetarians and people who wish to avoid animal and animal by-products.

Directions for use:

take 1-2 capsules three times daily between meals.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a balanced and varied diet and healthy lifestyle.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**KOSHER
CERTIFIED**



**FREE SHIPPING
WITHIN THE UK**

ARTHUR + ANDREW
Distributed by: Conella Holdings Ltd.



Discover more amazing products online today: www.conellaholdings.com

Neprinol AFD®

Neprinol AFD® is a blend of systemic enzymes with a minimum activity of 15,000 Fibrinolytic Units (FUs) per capsule



Quantity: 90
(15-30 day supply)

Type:
Capsules

Code:
AA005

NORMAL RRP:
£63.15

Actual capsule size:



SUITABLE FOR: VEGETARIANS ✓

Ingredients per capsule:

Recommended daily intake 3-6 capsules (typical value per 1 capsule)		% NRV
Protease (Bacillus subtilis/Aspergillus oryzae)	10,230 HUT	-
Hydroxypropyl methylcellulose and water (capsule)		-
Nattokinase (Bacillus subtilis)	15,000 FU	-
Amla (Embllica officinalis)	30 mg	-
Bromelain (Ananas comosus)	75 GDU	-
Peptidase	45,000 SPU	-
Papain (Carica papaya, contains sulphites)	1,250,000 PU	-
Rutin (Saphora japonica)	10 mg	-
Magnesium citrate		-
Coenzyme Q-10 (Nicotiana tabacum)	5 mg	-
Lipase (Candida rugosa)	500 FIP	-
Medium Chain Triglycerides (lubricant)		-

% NRV = Nutrient Reference Value

Directions for use:

Take 1-2 capsules, three times daily between meals.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a balanced and varied diet and healthy lifestyle.

Keep out of the reach of children.

Allergen information: See ingredients in **bold**

Suitable for vegetarians.



ARTHUR + ANDREW
Distributed by: Conella Holdings Ltd.



Serrétia®

Serrétia® is a high potency peptidase with a minimum activity of 125,000 SPUs. per capsule. Peptidase is a powerful proteolytic enzyme



Quantity: 90
(15-30 day supply)

Type:
Capsules

Code:
AA006

NORMAL RRP:
£51.25

Actual capsule size:



SUITABLE FOR: VEGETARIANS ✓

Ingredients per capsule:

Recommended daily intake 3-6 capsules
(typical value per 1 capsule)

% NRV

Microcrystalline Cellulose (filler)	-
Hydroxypropyl methylcellulose and water (capsule)	-
Peptidase (Serratia marcescens E-15)	125,000 SPU -
Medium Chain Triglycerides (lubricant)	-

% NRV = Nutrient Reference Value

Allergen information: Free from allergens.

Suitable for vegetarians.

Directions for use:

Take 1-2 capsules, three times daily between meals.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a balanced and varied diet and healthy lifestyle.

Keep out of the reach of children.



ARTHUR + ANDREW
Distributed by: Conella Holdings Ltd.



Discover more amazing products online today: www.conellaholdings.com

Syntol AMD®



Syntol® is a potent blend of bacterial cultures and enzymes. The formula boasts a potency of 3.4 billion CFUs per capsule in addition to enzymes and fibre

Quantity: 90
(15-30 day supply)

Type:
Capsules

Code:
AA007

NORMAL RRP:
£47.75

Actual capsule size:



SUITABLE FOR: VEGETARIANS ✓

Ingredients per capsule:

Recommended daily intake 3-6 capsules % NRV
(typical value per 1 capsule)

Cellulose (Trichoderma reesei)	27,500 CU	-
Isomalt-Oligosaccharide (VitaFiber)	150mg	-
Hydroxypropyl methylcellulose & water (capsule)		-
Glucoamylase (Aspergillus niger)	65 AGU	-

Live Cultures

Providing in combination 32.5 mg -
3.4 billion (3.4 x 10⁹) CFU

Lactobacillus helveticus		-
Saccharomyces boulardii		-
Bacillus subtilis		-
Lactobacillus acidophilus		-
Lactobacillus rhamnosus		-
Lactococcus lactis		-
Lactobacillus plantarum		-
Bifidobacterium bifidum		-
Hemicellulase (Aspergillus niger)	8,500 HCU	-
Protease (Aspergillus flavus var. oryzae)	4,000 HUT	-
Amylase (Aspergillus flavus var. oryzae)	1,200 DU	-
Vitamin C (Ascorbyl Palmitate)	5 mg	6.25%
Peptidase	1,500 SPU	-
Medium Chain Triglycerides (lubricant)		-

% NRV = Nutrient Reference Value

Directions for use:

Take 1-2 capsules, three times daily between meals.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a balanced and varied diet and healthy lifestyle.

Keep out of the reach of children.

Allergen information: Free from allergens.

Suitable for vegetarians.



ARTHUR + ANDREW
Distributed by: Conella Holdings Ltd.



Discover more amazing products online today: www.conellaholdings.com

Extra testing ensures quality

Since the very beginning, Arthur Andrew has been committed to going the extra mile to deliver high-quality products that are proven to work. It's not easy, but it's worth it to provide an advanced product line that we can be proud of.

Here's how we guarantee quality:



TEST, TEST, AND TEST AGAIN

Our comprehensive testing ensures that our products are completely free from GMOs and pesticides and that they also meet our stringent potency standards.



COMPARE AND CONTRAST

We routinely test our competitor's products alongside our own, to make sure we're continuing to meet the high standards we set for our brand.



EXCEED CERTIFICATIONS

We've partnered with the American Vegetarian Association to certify that our products are vegetarian. In addition, our products with a Star-K Kosher certification have undergone a rigorous inspection to ensure quality control and adhere with Kosher standards.



ENSURE LASTING STABILITY

Our products are formulated to maintain their potency throughout their shelf-life. Each product formula rotates through our stability protocol, where we test its activity in real time.

With the help of our comprehensive testing, you can trust that our products are safe, stable, effective and perfect fit.

Reward Points



We know you appreciate the value of investing in your own health, so we have introduced Customer Loyalty Points to help reward you with credits that can be used against future purchases – a small gesture from us thanking you for placing your orders online and enabling us to offer greater value for money to our customers.

Therefore on Conella own branded products (CH coded), we will reward you with Loyalty Points worth a minimum of 5% of the value of the order placed (other branded products might vary). We also offer double or treble points on selected promotional lines from time to time. The value of points that can be earned are clearly marked on the product details pages.

To view your redeemable points, simply login to your account and your points will be displayed in the top right hand corner of the Conella website. These points are only redeemable against future purchases and cannot be used to pay for previous orders and hold no redeemable monetary value.

“ A simple fact that is hard to learn is that the time to save money is when you have some ” – Joe Moore

Visit our website today: www.conellaholdings.com

Never Knowingly beaten on price!

We are so confident of our product pricing, that we are prepared to promise to match any genuine like for like product offering, or if purchased within the same week, we will refund any saving an alternative purchase would deliver. This promise is valid for any genuine like for like product on offer at the same time as our product offering.




Price List


KEY:

Suitable for
PescatariansSuitable for
Vegetarians



OTHER NUTRIENTS

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH036	 Maxi Glucosamine	60 capsules	14.95	✓	✓
CH026	Canoblex™	30 capsules	25.95	✓	


AMINO ACIDS

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH028	 L-Arginine Powder	300g	19.95	✓	✓

DIGESTIVE SUPPORT

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	VEGETARIAN	FREE FROM ALLERGENS
CH003	Cultri-Max	60 capsules	20.95	✓		✓
CH037	 Mega Cultri-Max 	30 capsules	49.95		✓	✓

HIGH-SPIN WATER

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH042	 WayBack Water	250ml	17.95	✓	✓

Price List

ARTHUR + ANDREW



All Arthur Andrew products are now a new lower price!*

*Compared to last catalogue published prices

KOSHER CERTIFIED

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGETARIAN	FREE FROM ALLERGENS
AA001	Aminolase®	90 capsules	51.95	✓	✓
AA002	Devigest ADS®	90 capsules	34.25	✓	✓
AA003	Floraphage®	90 capsules	57.95	✓	✓
AA004	Nattovéna®	90 capsules	42.65	✓	✓
AA005	Neprinol AFD®	90 capsules	63.15	✓	
AA006	Serrétia®	90 capsules	51.25	✓	✓
AA007	Syntol AMD®	90 capsules	47.75	✓	✓

JOINT AND BONE SUPPORT

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH030	Maxi-Flex	60 capsules	29.95	✓	✓
CH033	Maxi-Bone Health	60 capsules	17.75	✓	✓

New prices come into effect on the 2nd January 2022.

NATUROPATHIC PACKING

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH015	Castor Oil	500ml	11.95	✓	✓
CH016	Castor Oil Packing Fabric	68 x 50cm	11.95	n/a	n/a

MINERALS

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH031	 Maxi-Selenium	60 capsules	10.95	✓	✓
CH008	Maxi-Mag+	120 capsules	25.95	✓	
CH010	Maxi-Mag	90 capsules	13.65	✓	✓
CH011	Maxi-Zinc	60 capsules	9.40	✓	✓
CH022	Maxi-Potassium	60 capsules	10.75	✓	✓
CH023	Potassium Citrate Salts	100g	9.40	✓	✓
CH027	Maxi-Mag Powder	250g	13.60	✓	✓


New prices come into effect on the 2nd January 2022.

Price List


KEY:  Suitable for Pescatarians

 Suitable for Vegetarians



HERBAL FORMULATIONS

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH041	 Alfalfa	120 capsules	19.95	✓	✓
CH014	Maxi-Greens	220g	36.70	✓	✓

EPSOM SALTS



CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT
CH040	 Epsom Bath Salts	2kg	£16.95

ESSENTIAL FATTY ACIDS

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	PESCATARIAN	VEGAN	FREE FROM ALLERGENS
CH001	Maxi-Marine 	90 capsules	15.65	✓		
CH002	Algae-Marine	60 capsules	19.95		✓	✓
CH005	Maxi-Flax	90 capsules	11.50		✓	✓
CH019	Maxi-Krill 	60 capsules	25.15	✓		
CH025	Borage Seed Oil	100ml	18.95		✓	✓

New prices come into effect on the 2nd January 2022.

ENEMA, COLON AND SKIN

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH034	 Maxi-Colon	150g	24.95	✓	✓
CH039	 Skin Brushes	1 skin brush	14.95	n/a	n/a
BL01	Clysmatic Kit	1 kit	217.50	n/a	n/a
BL02	Clysmatic Kit Replacement Nozzle	1 nozzle	7.45	n/a	n/a
CS003	Home Irrigator Kit	1.5 ltr	14.95	n/a	n/a

PHOSPHOLIPIDS

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH004	Sunflower Lecithin & Plant Sterols	175g	18.85	✓	✓

New prices come into effect on the 2nd January 2022.

**KILLS
99% OF
GERMS**



**Dermatologically tested,
alcohol free sanitisers**

Kinder to your skin, yet delivers antibacterial, anti-fungal,
antiviral properties that kills corona virus and 99% of germs...




Price List

VITAMINS A, C, D & E

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH035	 Maxi-Vit E	60 capsules	16.95	✓	✓
CH029	 Maxi-Immune	250g	31.94	✓	✓
CH007	Maxi-Immune + (formally Maxi-Oxi)	60 capsules	23.95	✓	✓
CH006	Maxi D+K	60 capsules	15.65	✓	✓
CH020	Maxi-Vit C	60 capsules	19.90	✓	✓

B VITAMINS

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	VEGAN	FREE FROM ALLERGENS
CH032	 Maxi-Vitamin B-12	60 capsules	13.45	✓	✓
CH009	Maxi-P-5-P	60 capsules	15.65	✓	✓
CH018	Maxi-B Complex	60 capsules	14.95	✓	✓
CH024	Choline Bitartrate Powder	100g	11.50	✓	✓

New prices come into effect on the 2nd January 2022.

Price List

SANITISERS

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT
BW001	Cleanrite Sanitiser - Hand Pump	500ml	11.95
BW002	Cleanrite Sanitiser - Spray Bottle	150ml	10.95
BW004	Cleanrite Sanitiser - Hand Pump	1000ml	15.95
BW005	Sanitiser station - plus 12 x 1 litre sanitisers	1	112.50

SMARTDOT



Electromagnetic Field Protection

Scan the QR Code for more information



JUICERS

CODE	PRODUCT	UNIT SIZE	RETAIL PRICE INC. VAT	RANGE OF COLOURS AVAILABLE
WJ001	Omega Sana Juicer 606	1	359.00*	✓
WJ003	Omega Sana Juicer 707	1	369.00*	✓
WJ005	Hurom GH Chef	1	329.00*	



Scan the QR code for more information
on our extensive range of juicers
or visit www.conellaholdings.com

*a shipping fee applies to all juicer purchases



Benefit today by Purchasing Online!

We have developed an easy to use website enabling quick and convenient access to the "Electromagnetic®" Nutritional World that is Conella. Here you will find information on suitability of our products and services we offer.

Should you have any questions or feedback on our products or services, we will happily answer any questions you may have about our formulae, ingredients or their application.

To guide both practitioners and customers through the maze of conflicting Nutritional Advice and research, we offer a free and friendly no obligation Nutritional Advice Line where our experts will be more than happy to share their knowledge, insights and understanding of this fascinating subject.



We have also introduced our new online chat function enabling you to talk directly to our customer support operatives with greater ease and convenience.

Free no obligation Nutritional Advice

Please call **03333 703 256, option 1**
Monday-Friday, 9am-1pm, or email
info@conellaholdings.com

Delivery and Customer Care issues

Please call: **03333 703 256, option 2**
Monday-Friday, 9am-5pm, or email
info@conellaholdings.com

Accounts issues

Please call **03333 703 256, option 3**
Monday-Friday 9am-5pm or email
info@conellaholdings.com

Now you have embarked on your personal journey of self-discovery with Conella, we offer our unconditional support and guidance while you discover your true human potential.

To stay up to date with our latest news and reviews do sign up for our free newsletter and blog updates at:

www.conellaholdings.com



Refund / Cancellation policy

In the event of you not being entirely satisfied with the purchase, the following conditions apply:

We advise you to communicate your dissatisfaction, either via email or telephone at the earliest opportunity, explaining in detail the reason you feel the product is not fit for purpose. Our Customer Care Team will then reply to you as soon as possible. Should it be mutually agreed that the goods are to be returned, the goods must be returned to us in good condition within 14 days of the purchase date. All returned parcels should be addressed clearly to our Customer Care Team.

We reserve the right to decline a refund, where the goods are not fit for resale, opened or have been damaged in the return transit. It is your responsibility to return goods to us in good order. Where applicable, you should take all reasonable measures to sufficiently track and insure the goods in transit.

Delivery Policy

We aim to dispatch all orders received before midday the same day. All UK mainland orders, to any one address within the UK, will be sent via First Class post or a carrier nominated by Conella Holdings Ltd. Please allow 1-5 working days for delivery. All product orders for delivery outside the UK mainland will be sent at the rate calculated via our overseas postal calculator.

TO PLACE AN ORDER



Visit
www.conellaholdings.com



Call us toll free on
0800 326 5575



Postal Enquiries
Conella Holdings Ltd,
PO Box 247, Exmouth, EX8 9DL



Email us at
info@conellaholdings.com

Conella would like to thank you for your custom

We are always looking at ways we can improve the products or services we offer our clients, so if you have any further suggestions in this area please feel free to contact us.

FREE ADVICE SERVICE

We warmly welcome any opportunity to communicate with our customers and openly invite you to contact us with any questions, thoughts or concerns you may have about any of the products or services we have on offer. Call us on **03333 703256** or visit **www.conellaholdings.com**.

Lined area for notes, consisting of multiple horizontal dotted lines.



www.conellaholdings.com



Tel 03333 703 256 **Email** info@conellaholdings.com
Conella Ltd • PO Box 247 • Exmouth • EX8 9DL

Registered Office: 20 Chamberlain Street, Wells, Somerset, BA5 2PF Company Reg Number: 08365051 VAT: 261148814