

# Clysmatic Kit

Supporting gut health with our clysmatic kit

The clysmatic kit works by introducing water to the colon via gentle pressure. The repeated rinsing that occurs as a result of its usage moves waste materials more speedily through the colon, strengthening the intestinal muscles at the same time as washing clean the mucosal membranes.



**Quantity:**

1 x Kit

**Type:**

Kit

**Code:**

BL01

**At Conella Holdings, we're committed to stocking everything you might need on your naturopathic journey, which is why our range includes this premier home colonic kit.**

Intended to improve peristalsis and transit time, it acts as a gentle and safe form of colonic hydrotherapy that you can carry out from the comfort of your own home.

The clysmatic kit works by introducing water to the colon via gentle pressure. The repeated rinsing that occurs throughout the process moves waste materials more speedily through the colon, strengthening the intestinal muscles at the same time as washing clean the mucosal membranes.

Clysmatics can be an essential component of a successful naturopathic nutrition programme,

and are highly beneficial in terms of promoting and supporting optimum gut health. Contributing to a cleaner and better conditioned intestinal tract, they help to more quickly remove waste materials and expel potentially detrimental substances from the body.

Ideally used in conjunction with a healthy diet, clysmatic kits are suitable for use by most ordinary healthy individuals, although we recommend that those with obstructive digestive conditions, haemorrhoids, or heart and blood pressure conditions seek medical advice before buying.

**Keep dry and store away from direct heat.**

**Keep out of the reach of children.**

**Clysmatic Kit Replacement Nozzle**

**Code:** BL02

