

Choline Bitartrate Powder

A versatile, vegan, additive and allergen free source of Choline

Choline is a phospholipid that's present in all our cell-membranes and has been recommended by traditional naturopaths for many years, yet only as recently as 1998 was it officially recognised as an important nutrient by The Institute of Medicine.



Quantity: 100g
(20 days' supply)

Type:
Powder

Code:
CH024

SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Ingredients per typical serving of 1 teaspoon (approximately 5g):

Choline (as bitartrate) 1950mg	-
Silicon Dioxide	-

% NRV = Nutrient Reference Value

Allergen information: Allergen free.

Suitable for vegans and many of those on a restricted diet.

% NRV

Directions for use:

Take 1 teaspoonful daily mixed in water or a smoothie daily, or as directed by your chosen adviser.

Once mixed, refrigerate and store away from direct sunlight.

A food supplement:
20 day's supply.

Cautions:

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet and healthy lifestyle. Not recommended in cases of kidney insufficiency.

Keep out of the reach of children.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**UK LABEL COMPLIANCE
REVIEWED**



**REGISTERED BY
THE VEGAN SOCIETY**



**100%
GMO FREE**