Castor Oil

Castor oil packing is a technique that has been employed by naturopaths for many generations

materials on your skin. This is why our castor

Quantity: 500ml (30-90 days' supply) Type:

Code:



SUITABLE FOR: VEGANS ✓ A Vegan Society Registered product

Directions for use:

To successfully apply your traditional castor oil pack you will need to source our packing fabric - product code CH016.

Unwrap the unbleached 100% cotton fabric and place in an easy to clean container then thoroughly soak with castor oil. Apply the soaked fabric onto the appropriate area, securing with a cling film wrap to save staining, for the recommended time, often 30 mins to 24 hours. If you are applying heat to the pack, by applying a hot water bottle, to avoid scolding carefully wrap the water bottle in a towel before applying.

Once completed you can place the wrap back in the pouch and store in a fridge. You can reuse this wrap as many times as needed, although we do not recommend using beyond thirty days from the first application.

Allergen information:

No allergens and additves stated.

This product is suitable for vegans.

This premium BP grade, cold extracted castor oil, is recommended for external use only, as part of a traditional castor oil pack, as advised by your recommending practitioner.

Fitted with a child resistant lid (CRC) to preserve the quality of the oil.

Store in a cool, dry environment and out of direct sunlight.

Keep out of the reach of children.









